

TUNTREET

Part of Studentsamfunnet i Ås

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Housing queue

32 TWO BEERS

Martine Bingen

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Opening of Sætra

LEADER



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Choices, choices and choices.

In the aftermath of this year's local elections, I've been wondering about this thing with choices. There is an endless number of choices through life; some are simple, others are harder. I believe it was postulated by some philosopher or another that our ability to choose and to consider different choices is unique, and is what separates us from animals. We are better than the chimpanzees, because we can make sensible choices. Alas; if only they knew that the choices we make don't necessarily make us any better than our hairy cousin.

Think about all the choices you've made today, and will make tomorrow. Most of the choices would probably seem pointless and without great consequences, but what if they did have consequences? What if every decision you made resulted in a change in the world? Imagine, for example, that a turtle was saved every time your paper straw disintegrated, or that a new tree was planted every time you printed on both pages. Or, imagine that a local family business was shut down every time you were shopping online, that a cocoa farmer was being exploited every time you chose the cheapest chocolate on the shelf, that a desert was filled with last week's fashion every time you threw away clothes, or that ... I think you get it.

It can be both exhausting and economically hard to make good choices, and in many cases, it isn't even an option to make the "good choice". So, what should we do then? I am also guilty of making the "easy choice". The more comfortable choice, which might also cost a bit less to the student wallet. We don't often know the consequences of these choices; in this globalized world, the cause-effect chain becomes so long that we've got no clue of the consequences of our own actions anymore. Will the avocado toast I had for lunch ensure that the Amazon rainforest is cut down? I have no idea. Maybe?

A monkey would never make a choice that could destroy its home. But we do. Time after time. But is it really our fault that we no longer can control our choices, the same way as our dear chimpanzee-relative? The world just suddenly got so incredibly complicated without us realizing that it was happening. Not even second-hand shopping is safe from the guilt of bad choices, when the businesses that own the stores are trampling the dignity of gays or paying their workers lousy wages. If I had the choice, I would rather be a chimp, who couldn't choose.

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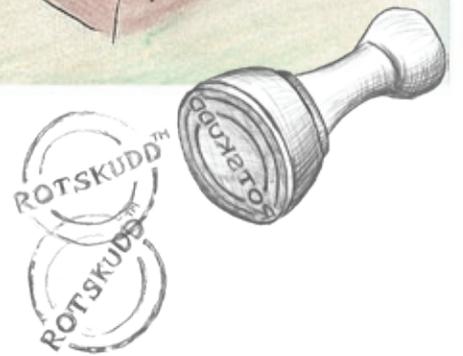
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CABINS GONE WILD



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You may have heard of them: Skeikampen, Hemsedal, Beitostølen. Small towns consisting of vacation homes, complete with bathrooms, washing machines, and sewage systems. These cabins have higher standards than most residential houses. They are light years away from the cabins with outdoor toilets and propane heaters that most people envision.

Once, in the 1960s and 70s, many municipalities made big promises that building vacation homes would lead to job opportunities, improved services, and a halt to depopulation. Did this happen? No. Over 40 years later, there are no more jobs, services are far from better, and depopulation continues. According to SSB, in Etnedal, where I come from, population in 1964 was 1919, while today it stands at 1249 inhabitants. I don't know about you, dear reader, but I don't see that as growth. All that remains in small municipalities like mine are some ugly cabin areas, hefty bills for municipal services, and a few cabin barons who have become wealthy by encroaching on nature.

They're eating away at the mountains!

To get close to nature, they have chosen to build cabin areas in nature. This is somewhat foolish, as it destroys the natural areas that people want to experience. In a slow march, cabin by cabin,

meter by meter, mountains and shores disappear. Areas that were once used for fishing and grazing become more and more unusable. Municipalities and developers have no fears about building on bare mountains, which are protected in the same way as coastal zones. You would think it is possible to leave these areas be, to use them as recreational areas or grazing land for sheep, cattle, and reindeer, as they have been used for thousands of years. Clearly, they find it difficult to keep their hands to themselves.

Large excavators weighing tens of tons are used to dig out plots. These need to be transported, along with gravel and building materials. It damages marshes, forests, and undersized road networks. Somehow, this must be paid for, and how the payment will occur does not seem to be discussed.

Camping

There's nothing wrong with wanting to be close to the mountains. The mountains are some of the most beautiful places, and it's incredibly liberating to be there. But having private persons own cabins that are used for two to three weeks a year is not the way to satisfy that desire. I say: don't buy a cabin; instead, buy a tent. A tent can be set up and taken down, and everything looks the same afterward, whereas if you build a cabin, you ruin the spot for ever.

MAD QUEUE DISEASE?



Åsmund Godal
Journalist

Even Amandus Haslund
Photographer



Eva Weston Szemes
Translator

Norwegians are world champions in queuing. Even before the biggest party nights, where the Aud.Max. entrance turns into a lively sea of people, we stay obediently in our place. We are probably among the top 1% of queuers. We are still beaten by one group of people: the ones waiting for accommodation from SiÅs.

By September 1st, 200 students were still in this queue. These people are forced to either commute, move into SiÅs' infamous basement dormitory or, worst case; quit studying. Why haven't SiÅs made sure there is enough space for everyone?

To find some answers, Tuntreet finds their way to the office of the SiÅs director. Here, we find a happy, talkative Pål Magnus Løken, who tells us that 36.7% of students live in SiÅs accommodation. The goal is reaching 40%.

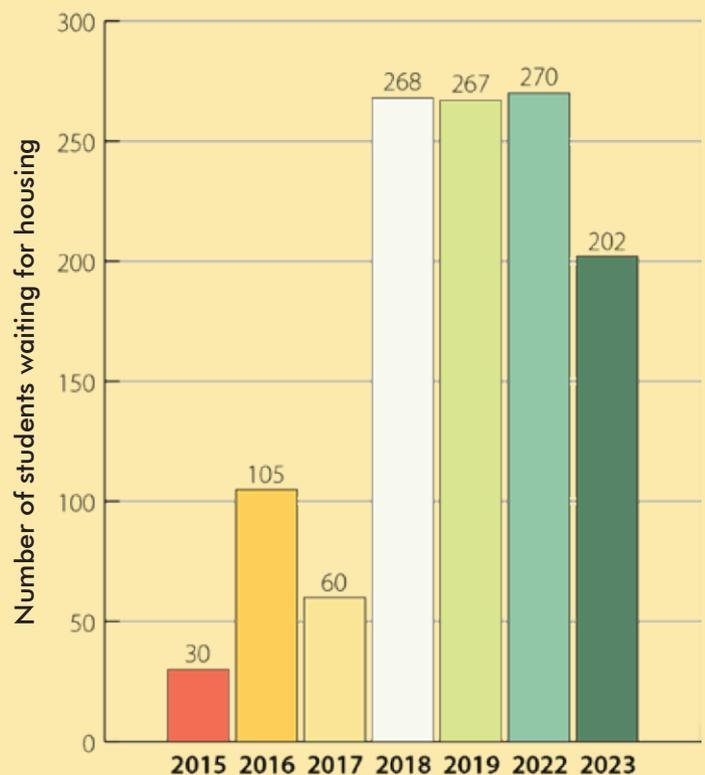
But why are we not there already? Doesn't SiÅs have a dialogue with NMBU about the number of students? Pål Magnus says that the university cannot accurately predict the number of applicants or the funding from the government. The number of students in the future is not something they fully know, but you have to assume it will increase. He also points out that the student welfare organisation plays an important role in reducing the average price of rent in the private market. If more people could live in SiÅs accommodation, private landlords would have to lower their price. More SiÅs housing would be good both for students' economy and the welfare of Ås students.

It seems we all agree we need more housing. But does SiÅs have any concrete plans on the table? "Yes", says Pål Magnus. "We are working on a zoning plan for new construction and full rehabilitation of the buildings on Pentagon, which can give us a total of 550 new dormitory units." If the building permit is granted, the new building can be ready in spring 2026, and the buildings from the 70s can be fully rehabilitated by 2028. With this, SiÅs will have a total of 2900 dormitory units, enough for well over 40% of students.

It is tempting to dream away thinking about these visions of the future. But we must not forget our 200 homeless fellow students. SiÅs has offered them a temporary dormitory in the basement of Kajaveien 15. About 30 people have taken advantage of this offer, and out of these, only two remain when we pop by for a chat.



SIÅS HOUSING WAITING LIST, SEPTEMBER 1ST:



The first thing we see is a kitchen with a stove, a few tables and a pile of rubbish by the door. Further in, the hall is packed with bunk beds, a few small sofas, and not much more, really. Anders and Waffa (real name Mohammed, but nobody calls him that) sit down in the sofas, seemingly in a good mood. They now have permanent accommodation but have come back to talk to us. We ask them how it has been to live like this. Anders elaborates:

“For me, it has been a lot of fun, because it has been so...” “Social!”, Waffa interrupts. “Now I have a room at Pentagon, and there, you rarely meet others from the collective. Here, we spent a lot more time together.” Anders agrees regarding his own collective. “I have tried starting conversations, sing-alongs, offered them tea, coffee, tried to start something with those people, but they are not a very social bunch.”

That was not the case in the dormitory. “Here, we had debates and discussions almost every day. I think we discussed art for five hours”, says Waffa. Anders supplements with “Yes, and a discussion about inclusion in professional sports, about transgender people and so on. So, there has been a lot of different things.”

But it was not all fun and games in the dormitory either. Anders tells us that the only privacy you got was your own bed. People would put up duvets or make a fort so that you could not see. “Other than that, you were only left alone in the loo and the bathroom.”

The cleaning was only so-so. “There could be a slice of pizza left on the table for five days and we all just went: who owns that? And then nobody touched it,” says Anders. Waffa elaborates: “There was a burnt piece of chicken in the oven that...” “...that was mine!” Anders interrupts. “Yes, I cooked it and told the others I would clean it up. But then I couldn’t find it, and someone put it back in the oven. It was there for a really long time.”

We ask what the lads have to pay. “Nada,” says Waffa. “In theory 100 NOK per day, but when I talked to the lady at Boksmia... She said they were going to send the bill later.” Anders thinks 100 NOK per day is a really good price, and remarks that this adds up to about 3000 NOK per month. When Anders tells people where he lives, people react with “poor you”. To this, Anders usually responds with a proud “NO!” followed by a monologue about the

fact that there is more than one side to it.

When we ask them what they think about the fact that the market for student housing in Ås is that crazy, Waffa says he thinks it’s strange that NMBU accepts space for more students than SiÅs can provide housing for. He also thinks that SiÅs needs to advertise more for the dormitory. “They present it as if it’s the worst last resort ever. OK, it might be the worst in the area, but it’s not like there are rats in the walls.” “Ish,” says Anders. “I had a frog jumping into my bed once.” “And the mice are talking to each other inside the walls,” Waffa adds. Finally, Anders mentions that he thinks no other student housing has a sewage pipe going straight through the living room. “You can really hear it when people use the loo. Swoosh!”

We’ve heard enough and thank them for their time. But what about the other people in the queue? Where do they live, and why not in the basement? Tuntreet tracked down one of them, Gerhard Sørensen Fuglem, who is currently without housing after a breakup from a couples flat. Since the start of the semester, he has been living from collective to collective, borrowing “a sofa here and a bed there” at his mates’ places.



That's how Gerhard has become very familiar with the idiom "clean home, clean mind". "I really need to watch my calendar, to make sure everything works out. It's a lot of organising to make sure I have a roof over my head." He sighs when we ask what he thinks about living like this further into the autumn. "It's not optimal. You get more and more desperate and end up just picking the first and best option. Either something incredibly expensive close by, or something more affordable further away."

Even though he is a social lad, Gerhard also appreciates his alone time. With his current situation, there is not much time for that. When we ask him whether he has considered the basement in Kajaveien 15, he says he thinks a sofa is good enough for now, especially when he is blessed with his mates opening their homes.

It's probably worse for the ones who don't have such friends. We got in touch with the leader of The Executive Committee, Wilhelm Anthun to get the Students Parliament's view on this. "The Student Parliament wants more student housing. SiÅs wants to build more, so this is not a battle for us. If there is one thing we are unsatisfied with, it is the lack of long-term thinking." Wilhelm uses Kilehagen as an example of horror, where NMBU sold the property in the 80s, believing the academy would never have more than 1000 students. This has resulted in a lot of conflict. "Lastly, I want to give two big thumbs up to SiÅs. They want more student housing, and they want it quickly," Wilhelm concludes.

It seems people have generally found solutions that work. We really hope nobody has had to cancel their study plans because of lack of housing, and that SiÅs gets the building process sped up. Before the reader continues, Tuntreet would like to announce a suggestion: Let's gather outside the fence when the excavators arrive at Pentagon, and cheer continually. Maybe they will finish in 2027 already, and the queue for housing disappears before Anders has had time to say "Swoosh!"



ELECTION THRILLER

- The end of a 32-year-long tradition -

There has been an election thriller in Ås, and up until last week there was great uncertainty of who would win the election. Now it is finally decided, a 32-year-long tradition has ended. For the first time since 1991, there is no mayor from Arbeiderpartiet, but rather from Høyre. His name is Bengt Arild Nøst-Klemmetsen.



Tobias Waage Bremnes
Journalist



Md Tamzid Mahmud
Photographer



Natalie Nazareno
Translator

The election results came as a surprise to many and is now changing the whole political landscape in Ås. Some of the highlights is that Høyre had a booming election and almost doubled in size, while Arbeiderpartiet lost a third of their municipal board members. Some of the most interesting changes are, however, that Kristelig Folkeparti is completely removed from the municipal board while Partiet Sentrum and Industri- and Næringspartiet join the board with one representative each.

Arbeiderpartiet has governed Ås for the last four years, together with Senterpartiet, MDG, SV, Venstre, Rødt, and KrF. With today's election result, the collaborative parties are still in majority. Nevertheless, there is uncertainty about whether Senterpartiet and Venstre will change to the conservative side or continue today's collaboration.

To create a majority, Høyre has been dependent on getting the forementioned parties on their side. After long hours of negotiations, Høyre could proudly announce that they had gotten Senterpartiet on their side, and that Ås' next mayor shall be Bengt Arild Nøst-Klemmetsen (H). They will now bring Ås in a completely different direction, together with Fremskrittspartiet and the newcomers, Industri- and Næringspartiet.

Tuntreet arranged an interview with Nøst-Klemmetsen to get to know the new mayor better. We meet the upbeat mayor on the

second floor of the Culture House before he has another meeting.

It has been a busy few weeks, but he is overall very happy with the election result. He thinks that one of the reasons why it went so well is due to parts of the municipality feeling overlooked.

"Many people north in the municipality work in Oslo and do not have the same relationship to Ås. There it not as much happening in Vinterbro as in the centre of Ås, and I believe many people feel forgotten. We wish to do something about this and make the municipality more connected."

He also mentioned that he thinks the people of Ås feel a need for renewal and change after several decades with Arbeiderpartiet in charge. The mayor says that there is nothing wrong with the old party, but rather that he thinks people need a shift after 32 years, regardless of who has been running. It can be refreshing with new perspectives and new solutions.

Nøst-Klemmetsen tells that they have had a large team during the election, and that there has been a significant growth in members. This has led to visibility in the media and the ability to do home visits and many stands.

"Previously, we have experienced little change regardless of the effort. Einstein defined madness as doing the same thing

over and over, and that is why we decided to work differently this election period."

Their new strategy and recipe for success has been even more visible in social media and the focus has been on happy news and their own politics.

When Tuntreet asks about the most important issues in Ås this period, he mentions property taxes, development of the city centre, conditions for kids and youth, and to look at how one can maintain the offers that the Health Centre has today. The newly elected mayor talks especially fondly about kids and youths' extracurricular offers.



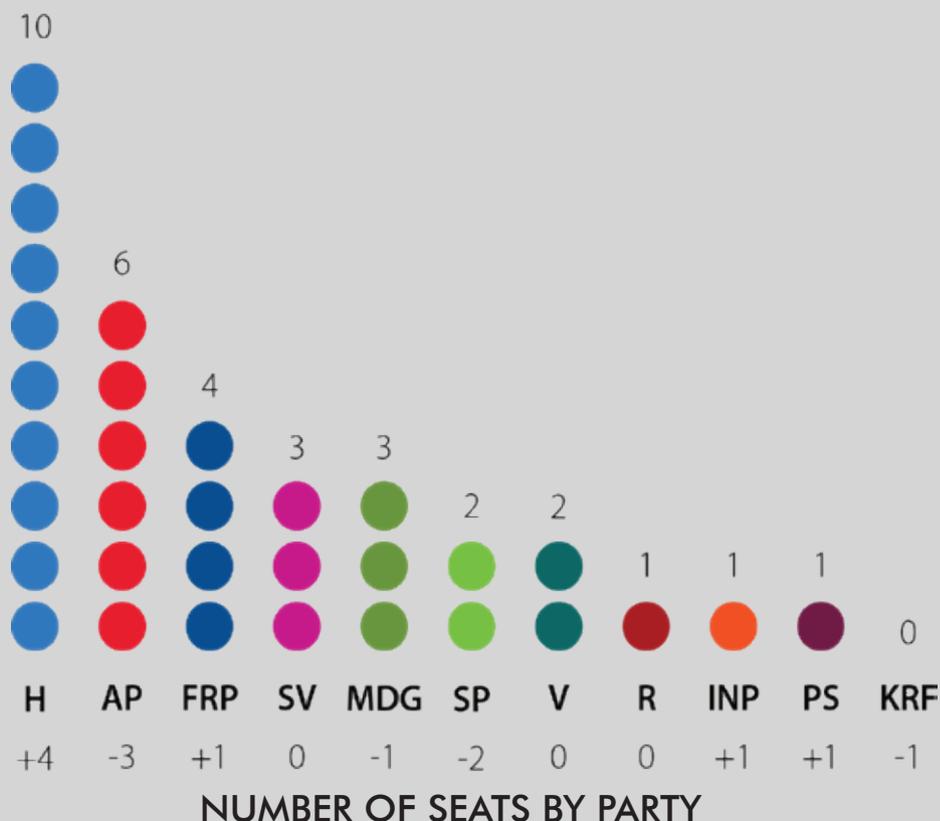


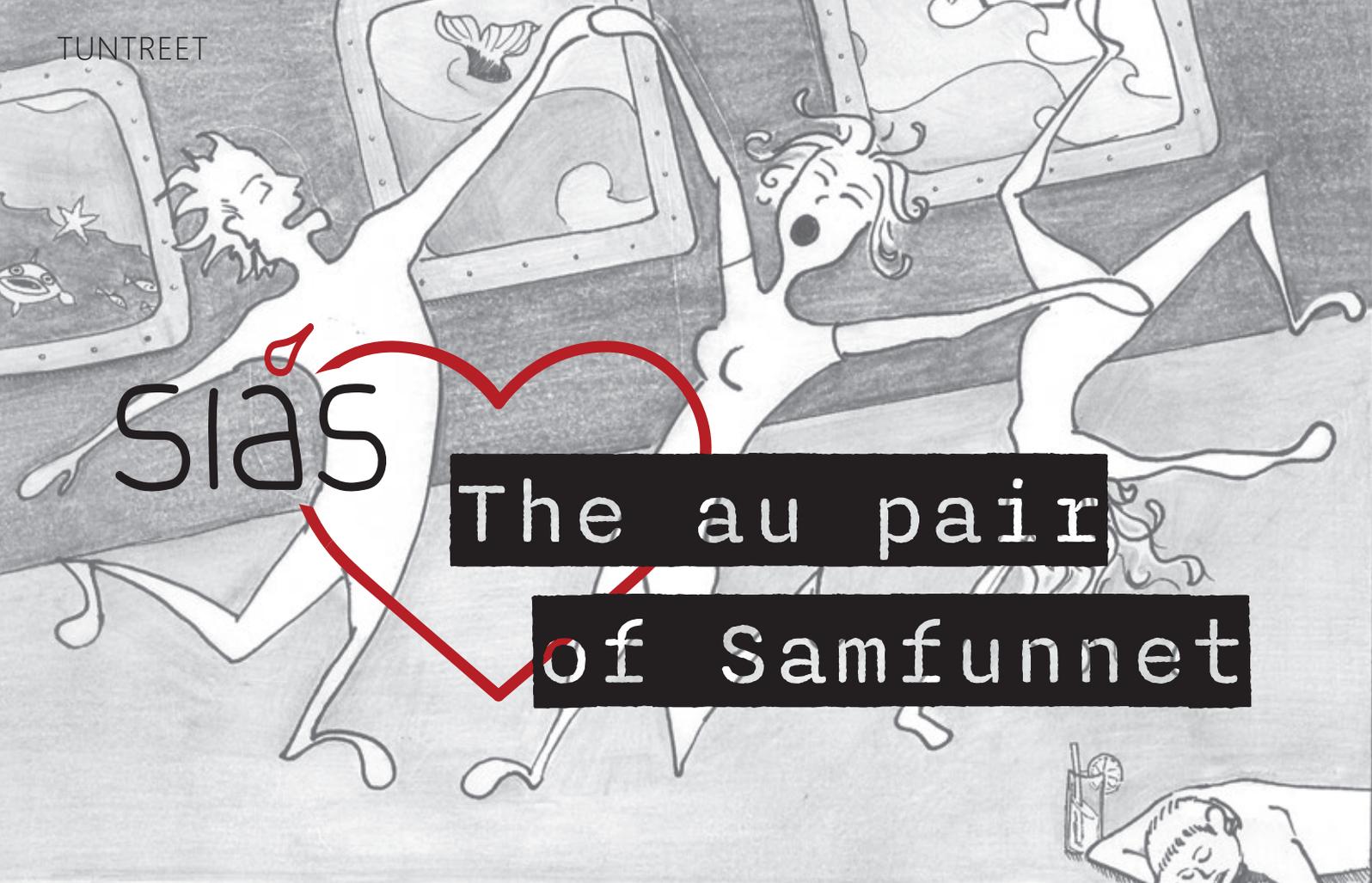
"We wish to have a wider offer than what we have today, also for those that do not want to play weekly football or handball. It is also important that we bring youth into the discussion, so we know what they wish to do during their free time. After all, I am 52 years old, and it is foolish to believe that today's youth have the same interests as me when I was young."

He also talks about how he wished to improve the students' everyday life and offers. First and foremost, he thinks it is important that the Health Centre does not have to cut down on their student offer. How they will finance this is still unknown but regardless, he tells us they are set on finding a solution together with NMBU and SiÅs. The mayor wishes for better collaboration with NMBU. He wants to look into the prospects of more master's theses to be written in cooperation with the municipality in subjects where the municipality needs competence and would otherwise buy consulting services.

Before the interview is over, Nest-Klemmetsen talks about when he was young and played American football for several years. In more recent years, he has really enjoyed cycling – especially downhill.

Tuntreet congratulates Bengt Arild Nøst-Klemmesten with the position as mayor, and hopes for a great cooperation during the next four years.





Studentsamfunnet in Ås! The pounding heart of the student life, with an aorta into Aud.Max., and an ingenious network of capillaries covering Eika, Storebrand and campus. But hang on. Close to the heart valve there is some plaque. Is it atherosclerosis? Is it a tumour? No, it's SiÅs! What on earth are they doing there?

It is not only Samfunnet that lives within the four walls of the building. Managing Director of SiÅs, Pål Magnus Løken, says that even though NMBU and Samfunnet each own 50% of the building, SiÅs takes care of the day-to-day operations. It's been like this since 1990. Before this, the capacity was far from fully utilised, and private companies took care of the cleaning and operating the kitchen, which led to high costs. Therefore, the owners of the house wanted a new, neutral, third party to take care of, for example, cleaning, indoor maintenance, operating the kitchen, and booking, so that they could increase the income by renting out the rooms to external people during the day.

Erik Sand (better known to many as Gregers) is the Leader of the Board of House and Finance at Samfunnet. He tells us that the kitchen of Samfunnet is rarely used by Samfunnet, so SiÅs gets to rent it.

They rent it for free, as, according to the law of student welfare organisations, NMBU has to provide areas for SiÅs, so that they can work on student welfare free of charge. SiÅs also works on filling the building of Samfunnet with other activities that are not organised by NMBU or Samfunnet (the 75% rule), when there is any unused capacity after the academic calendar of NMBU is set and Samfunnet has had its meeting about the booking of rooms.

Tuntreet has also heard that Samfunnet is planning to hire its own Head of Operations, and we are wondering about the reason for this. Erik Sand answers: "Studentsamfunnet has had a big increase in both economy and members since the 2000s. By hiring our own Managing Director, the tasks will come from a board of students. The wish is not to be free from SiÅs, but rather to take over more of the management ourselves, because we believe that students



Åsmund Godal
Journalist



Eva Szemes
Translator



know best what students want. For a long time, Studentsamfunnet has, in our opinion, been the best at gathering people both for everyday things and for parties."

Pål Magnus Løken describes Samfunnet as a super-important player when it comes to the evening and night shifts. He says SiÅs is on the team as long as they are wanted. "For SiÅs, only one thing matters; that Samfunnet is successful in their activities and projects, and that they can continue supporting and teaching volunteer work."

It seems like Samfunnet and SiÅs agree. The student welfare organisation is like an au pair ready to cater to the owners of the house. Now that Samfunnet wants to take over caring for the house and home, there will be a bit less work for SiÅs. This is probably just healthy for the children, namely you and me.

“DO NOT CHOP DOWN OUR FOREST!”



Marie Tjelta
Journalist



Thale Hevrøy
Photographer



Eva Weston Szemes
Translator



There has been a clear signal from the municipality of Ås that Vollskogen, found outside of Pentagon, will be chopped down. The plan is using the area to build houses.

Advocates of the project think this is a natural part of Ås as a municipality getting bigger and needing more space for building homes. Building more homes will meet the demand and keep prices as low as possible.

The opposition argues that demolition of nature is unnecessary and bad for the environment. Also, the municipal council of Ås has wanted to have a sustainable policy concerning the use of different areas, and this is not in line with it. Moreover, it's a bad idea to use this area to build family homes this close to the student homes. We already see examples of this in Skogveien,

where the lifestyle of the students is on a collision course with families with young children – both in- and outside of SiÅs' buildings. This has led to complaints from neighbours, visits from the police et cetera.

On Monday, there was no doubt about which side is supported by the students of Ås. Shouting and waving homemade signs, they marched all the way from Vollskogen to the town hall square. Some of the shouts included “Do not chop down our forest, it should stand for a thousand years” and “Less talk, more action”. Vollskogen has always been a close-by, easy-to-use area of nature for students, which we know helps with strengthening mental and physical health. If you want to take a quick walk, just walk 100 metres from Pentagon, and you stand among the green pine trees of Vollskogen.

At the demonstration we also found Pål Magnus Løken, the Managing Director of SiÅs who was also a co-organiser and in clear opposition. It may be reassuring for the students to see that the student welfare organisation is on their side in this matter.

In the town hall square, there was time for some speech. Camilla Noel Moreno from the Student Board and Kim André Nielsen from Grønne Studenter (Green Students) held a speech each.

This will ultimately be up to the politicians of the municipality. Before the election, only two parties, MDG and Rødt, were against chopping down the forest. With the election results of 2023, Rødt has one seat and MDG has three. The students of Ås will have to anxiously await the final decision about the fate of Vollskogen, only time will tell.



Boards, councils and committees at NMBU

What do they do really?



Helene Sylvarnes
Potato



Anna Bjørke
Illustrator



Tord Kristian F. Andersen
Photographer



Eva Szemes
Translator

At NMBU, there are many different boards and councils. Some boards and councils are for students only, others include both students and employees. The boards and councils have different things they focus on, from overarching general decisions (University Board), to more concrete things like research (Research Committee). Here is a quick introduction to some of the boards and councils relevant to you as a student.

BOARDS AND COUNCILS FOR STUDENTS

The Student Board (AU):

The Student Board consists of three people working full-time on bringing up the voice of the students at NMBU, in the student welfare organisation and in the municipality. They are elected via ballots by the whole university in spring, and they are elected for a full university year (July-June).

The Student Councils:

There is a Student Council for every faculty. They consist of all class representatives, students otherwise engaged in the faculty, Student Parliament representatives and more. The Student Council is open to all students of a faculty. A Student Council is led by a Student Council leader and deputy leader. If you have a case concerning the faculty, for example about a course or something about the academic zones, you can bring it to your Student Council.

The Student Parliament:

The Student Parliament is for all students at NMBU. Here, the elected representatives, a total of 25 people, meet three times per semester. Everyone can attend the meetings and voice their opinions, but only representatives elected at the General Assemblies can vote. The Student Parliament is the most important body of power to pass on the voice of the students at NMBU, but they also discuss matters handled nationally, in the municipality and with the student welfare organisation in Ås.

The General Assembly of the faculty:

Once per semester, the General Assemblies are organised. Each faculty has its own General Assembly, and here, you elect representatives for all boards and councils at the faculty. You also elect the Head of the Buddy Week, and the representatives for the Student Parliament.



BOARDS AND COUNCILS FOR STUDENTS AND EMPLOYEES

The Research Committee:

The Research Committee is responsible for the cases concerning research. They should give advice and input to the University Board in all cases concerning research and research distribution. If you have questions about research or cases concerning research at NMBU, you can contact the student representatives in the Research Committee.

The University Board:

The University Board is the uppermost decision-making body at NMBU. They make strategic decisions (like what NMBU will be doing), economic decisions, and decisions concerning reporting and organisational development. The University Board consists of one external board leader, internal and external board members, and two student representatives.



The Research Integrity Committee:

The Research Integrity Committee sounds almost the same as the Research Committee, but they are not the same. The Research Integrity Committee is responsible for providing advice and information about ethical issues concerning administration, education and finally, research.

The Learning Environment Committee (LMU):

The learning environment is the working environment of students, and just like employees have a Working Environment Committee, we have a Learning Environment Committee. It consists of four students and four employees. They are mainly an advisory committee focusing on the learning environment on campus, but at NMBU, they also have some money they decide how to use. In previous years, this money has been spent on better ventilation, outdoor furniture and outdoor Wi-Fi.

You can read an interview with LMU later in this article.

The Faculty Board:

Each faculty has its own board. These make economical and strategical decisions at the faculty. In the Faculty Board, there are academics, external board members and student representatives.

The Education Committee:

The Education Committee is responsible for the cases concerning education. They give advice and input to the University Board and the headmaster in all cases concerning education, such as admission, studies and exams. If you have questions or issues concerning your field of study, you can contact the student representatives in the Education Committee.

Students and the welfare organisation

The Board of SiÅs:

The Board of SiÅs is the top board in the student welfare organisation. They are there to make sure that the welfare organisation preforms its most important task: ensuring good welfare services for the students of Ås.

The board consists mostly of students, but there are also members from SiÅs, NMBU and external members.



Facts:

Have you ever wondered whether gender discrimination is happening when we are electing representatives for the University Board and the faculty boards? If you have paid attention for a bit, you might have noticed that each semester, you only elect representatives of one gender. That is because next semester, representatives of the other gender will be elected. This way, you keep the gender balance, but you also always have one representative who is familiar with the work.

Interview about the Learning Environment Committee (LMU):

When the journalist was deciding who should be the interviewee, she did a lot of thinking. Who could it be? Who would be fit to answer any and every question she might have about LMU? The journalist concluded it had to be herself, having experience from multiple boards and committees, and having seen the power of influence.

TT: What's the best part of being on the board of the Learning Environment Committee?

Sylvarnes: The best part of being part of boards and councils is that you have a real possibility to influence things. In LMU you work with the Director of Studies*, and the Vice-rector for Education**. This means you are in direct contact with the people who can contribute towards solving issues concerning the learning environment, for example better facilitation of education.

There are multiple students in the Learning Environment Committee. That means you get many different viewpoints, and this can contribute to the employees having a better understanding of the learning environment.

You also work with employees with experience from different places. This provides insight and makes room for many different viewpoints.

TT: What's the most biggest challenge with being a member of a committee or a council like LMU?

Sylvarnes: Being a member of a committee or a council is not very challenging. You have to read the agenda for the meetings,

but you often have a pre-meeting with the other representatives, so that you can prepare together. This ensures that you are well-prepared and ready to plead the students' case.

In councils and committees, we all want the same thing: what's best for the university. Sometimes you have different methods to achieve this, but everyone is always open to suggestions so that you can gather all the different views you need to make the best decision possible.

TT: Can you really do something in these councils and committees?

Sylvarnes: Yes, absolutely. Through LMU we have gotten (among other things) outdoor Wi-Fi and better ventilation in the Tower Building. As students, you also have first-hand experience in the most important thing at NMBU - education. Therefore, the students' voice will be important, and you have real possibilities to influence things.

What's also nice is that all students are eligible to join the councils and committees. Just check the calendar of the Student Parliament and go to the meetings where elections are held.

TT: What to do if you have a case you want to bring to a council or committee?

Sylvarnes: If you have a case you would like to take up with a council or committee, it's smart to find out whether it should be done centrally or at the faculty. If it's at the faculty, you can take the matter up with the Leader of the Student Council, or if you know exactly which council to contact, you can contact a student representative.

If it's central, you might want to start with contacting the Student Board (AU). The Student Board is also represented in many boards and councils, and they will be able to bring your case forward.

Other than that, the most important thing you can do is to run for positions when the opportunity presents itself. That way, you will have direct access to influencing things, and you can make a difference!

*The Director of Studies is the Head of the Department of Academic Affairs. This department handles the planning of schedules, exams, admissions and exchange, among other things.

**The Vice-rector for Education is the rector's (headmaster's) right-hand man.





SLIK FÅR DU JOB BEN

1. MÅL OG INTERESSER

Aller først, ta deg tid til å reflektere over dine karrieremål og interesser. Dette vil hjelpe deg med å målrette søknadene dine mot relevante stillinger



2. CV OG SØKNAD

Lag en CV som fremhever dine ferdigheter, utdanning og erfaring. Tilpass søknadsteksten for hver jobb du søker på. Det får frem dine kvalifikasjoner



3. NETTVERK

Bruk karrieretjenester, inkludert workshops og karrieredager. Delta også i relevante studentorganisasjoner for å bygge nettverk



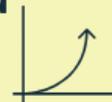
4. RELEVANT ERFARING

Praksisplasser, deltidsjobber og frivillig arbeid kan gi deg verdifull erfaring og ferdigheter for fremtidige jobber



5. OPPDATER LINKEDIN

LinkedIn er et kraftig verktøy for profesjonell nettverksbygging. Sørg for at din LinkedIn-profil er oppdatert



6. INTERVJUFOBREDDELSE

Øv på vanlige intervju spørsmål og utvikle gode svar. Jobb også med kommunikasjonsferdigheter og kroppsspråk.



7. FØLG OPP

Etter innsendt søknad eller utført intervju, send en oppfølgings-e-post for å vise din interesse og takke for muligheten. Dette viser profesjonalisme og engasjement.



8. PERSONLIG VEILEDNING

Naturviterne tilbyr personlig veiledning for deg som skal søke jobb.

- Cv og søknad
- Intervjutrening
- LinkedIn



WWW.NATURVITERNE.NO/KARRIERE/



— Student Parliament 4 —

Student Parliament 4 was kicked off on September 11th, just a few minutes late. On the national election day, representatives were also elected at the evening's Student Parliament. Representatives were chosen for the Control Committee, the Committee for Allocating Welfare Funds, the ELSA representative, and the Research Integrity Committee at NMBU. After an entertaining nomination by the Dahl brothers (beloved Norwegian heroes) for committee positions and a tangle of conflicts of interest with the representative from the Student Parliament's Election Committee, all positions were filled with enthusiastic acclaim.

A Student Parliament cannot be held without some discussions. Tonight, the new Buddy instructions, the Ethical Guidelines of the Student Parliament, and the revision of the Environmental Policy Document will be discussed. Despite some comments and opinions here and there, all faculties agreed, and the discussions didn't heat up much.

The exceptions were the Buddy instructions and the Buddy Week itself, as well as the fight for cheaper and easier transportation to campus.

Parking on campus was once again a hot topic, but this time because it created lack of consistency in AU's political work. Being able to park for free on campus doesn't align easily with AU's Environmental and Welfare Policy documents. Introducing parking fees is a step towards environmental friendliness, but it's detrimental to the well-being of commuting students.

Next up was the decision on amendments for the Welfare Policy Document and its content. After some back and forth, eight amendments to the previous welfare document were proposed. Among the approved changes were proposals for cheaper memberships at Eika for those who don't want/use group classes, more train departures to and from Ås, and an increase in student support from 1.5G to 2.0G. The

revision of the rules for inclusion funds for international students was approved without a single argument.

Talkative and engaged AU members survived its maiden voyage with flying colors; the same goes for the brand new moderators. We concluded the evening with an evaluative pillow talk after a lively evening that ended with a full ten minutes to spare.

Comment from the back row: Tonight's cake was the most delicious cake I've tasted at Studentting since Student Parliament 3; bravo VET!



Celine Våga
Journalist



Olina Søyland Bru
Illustrator



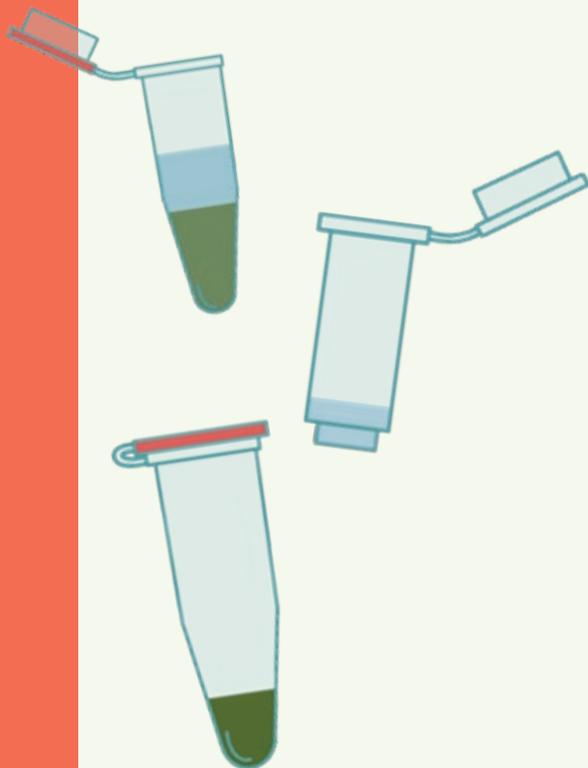
Ida Haraldstad
Translator

SCIENTIST REBELLION: NORWEGIAN RESEARCHERS ARE PROTESTING CLIMATE INACTION



Photo by: Victor Mandeval

The climate crisis is accelerating, and the Norwegian government continues to add fuel to the fire. Scientist Rebellion is now emerging in Norway, demanding that the government aligns its policies with the overwhelming scientific consensus.



Another summer of fires, floods and extreme weather has given us a glimpse of our future if we continue to ignore the climate and ecological crises. The need for urgent climate action has never been more clear. But demanding research-based climate and nature policies remains an uphill battle.

Our planet has passed 1,1 degrees of warming compared to pre-industrial times, and the consequences for biodiversity, human lives and infrastructure are already catastrophic. The Intergovernmental Panel on Climate Change (IPCC) has warned that the policies currently implemented by governments set us on a path towards 3,2 degrees of warming by the end of the century.

The IPCC has provided clear and feasible guidelines on how to avoid the worst of the climate disaster: The top priority for all governments should be to stop fossil fuel expansion. Despite this, Norwegian environmental policy ignores and goes directly against this unanimous message from the UN and the scientific community. In late June, the government approved 19 new oil and gas projects, in line with its policy of “developing, not ending” the fossil fuel era.

The extreme weather Hans wreaked havoc across large parts of southern Norway this August. Floods and landslides took houses, blocked major transport routes, and forced thousands to evacuate. This catastrophe revealed how vulnerable we are to climate disasters increasingly becoming more frequent and intense. It also showed us that Norway will not be spared from the most severe consequences of the climate crisis.

What can you do?

We are headed towards a future of accelerating environmental degradation and climate disruption. By developing new oil projects, the Norwegian government is exporting harm across the globe for decades to come. Many feel helpless in the face of such stubbornness actively worsening a crisis that could be avoided. Research shows that civil disobedience is democracy’s most efficient tool to trigger rapid action against such structural societal injustices.

Scientist Rebellion is a global organization of researchers using civil disobedience to fight climate action. As politicians are willfully ignoring science, we take the scientific truth about the climate- and nature crises to the street, defending the importance of a science-based climate debate. Scientists have a highly respected voice in the public space, which is both a privilege and a responsibility!

Scientist Rebellion includes everyone who adheres to the scientific method, from professors to students. If you want to learn more, contribute, or even start a local group in Ås, contact us on Instagram @SciRebelNorway, or email ScientistRebellionNorway@protonmail.com. Our national network will welcome and support you.

The science about the climate and nature crises is clear, but the government continue prioritizing short-term profit over our common future. Scientists can no longer stand politely on the sidelines.

Scientist Rebellion Norway

Where is the graduation ceremony?

Not uncommon

It is not uncommon to celebrate graduating students with a ceremony. Some faculties have long held dignified and splendid graduations for their graduating students, such as the School of Economics and Business, which appears to have ceremonies for both bachelor's and master's graduates. They even allocate an entire day for a marathon of degree presentations.

Guests are invited, gowns and caps are worn, and there are speeches and ceremonies. I myself attended the Veterinary School's graduation ceremony, where

my sister wore her bunad and shook hands with the dean. There, she received her Cand. Med. Vet while our parents shed a tear, and a string quartet played a stiff little melody. It was a significant moment for her and for us who had seen her work so hard for it. However, when KBM held a speech in Aud. Aastveit this spring, followed by graduating students, as far as I understand, sitting in the library in casual clothes and eating SiÅs sandwiches wrapped in plastic, I doubt anyone shed a tear over how dignified it all was.

We want to celebrate

We would like to mark our graduation, and we have long had a dedicated - and exceptional - Ringfest Committee that organizes a fantastic graduation ceremony and party for those completing their master's degrees. These individuals, who are active students themselves, manage to squeeze in as many guests as possible into an evening at Samfunnet with a packed schedule and refreshments. They personally invite all master's students to participate through a combination of meticulous planning, volunteer spirit, and searching on Facebook. The Ringfest is a fantastic initiative and deserves nothing but praise. That said, there are many graduating students and limited resources and space. The Ringfest quickly becomes very expensive out of sheer necessity, and one must constantly choose between allowing more graduating students to



Marthe Watz
Illustrator



Sofie Palmstrøm
Translator

attend at the expense of bringing a guest. When graduating students have to forego their own farewell celebration due to financial constraints, lack of tickets, or having to choose which family member to bring, it is NMBU's fault.

Lack of effort

So, what's the deal? Why is NMBU unable to organize a graduation ceremony? According to the Academic Affairs Committee's (SU) documents after the last processing of the matter on 07.09.2022, there is a desire to establish a joint graduation ceremony, which, from what I can understand, is supposed to build on the traditions of the faculties that already have such traditions. What the common event will entail, when it will be held, and who will organize it is not clear, and the matter has not been discussed again since. In the meantime, it is the responsibility of the faculties, a task they approach with highly varying effort. If NMBU cannot set a joint date for the graduation ceremony and organize its implementation in a way similar to others, I question how they manage to plan matriculation, summer parties, welcome parties, and doctoral degree ceremonies every year, or how the Ringfest Committee successfully plans a common graduation ceremony every year. While the rectorate searches for a suitable date, they could perhaps set some requirements for what a graduation ceremony should consist of for the faculties so that those receiving their degrees can actually receive a well-deserved thank you from those receiving funding for the said degrees.

It's about respect

Holding a proper graduation ceremony where those responsible for assisting our education shake our hands and look us in the eyes at the end of a degree, is so much more important than them looking us in the eyes beforehand. The level of student support varies greatly from faculty to faculty, and whether it is positive or negative, there is symbolism and respect in thanking a student for their efforts on their way out. Waving around with fanfares and grand ceremonies before any responsibility is taken is nice. But having to be accountable for each individual's education and experience of it is so much more important. A faculty's leadership and professors who have personally supported their students and carefully designed their programs with pedagogy can look their graduating students in the eyes with pride and receive gratitude in return. If the faculty has failed and produced impersonal drone lectures to minimize effort in education, they can stand there and feel that they didn't contribute and thank the students who had to go through the degree alone for the money they received from it. The graduation ceremony is important, both for us who are about to enter the world and leave behind a world we've been locked into for many years, and for the faculties and the university to see what they contribute to, or perhaps don't contribute so much to, and to welcome their new colleagues. It's about respect, and it's long overdue.

Submitted by Kaja Mie Botnen

Sit down and shut up, **VOLLSKOGEN HAS BEEN DECIDED!**



The students are affected by the politics in Ås municipality: the municipal board's 33 representatives decide whether the Health Center for Youth and Students should maintain its offer, whether the Kinnsåsen cabin at Årungen should be rented out with a student discount, and whether Pentagon's nearby nature, Vollskogen, should be demolished. As a beginners' course, we can say that politics is about counting. 17 votes in Ås Municipal Council means approval, while 16 votes mean a loss.

In the election, Senterpartiet (SP) got the famous and powerful tipping point, and that is with only two mandates. Venstre (V) and MDG were, in a sense, also on the verge, but not completely. They were very reluctant to enter into cooperation with FrP.

In the first negotiation meeting in the rainbow alliance (Ap, SV, MDG, SP, V, R, and Partiet Sentrum), SP put forward a desire for the post of Deputy Mayor, while we in MDG thought we needed to be able to talk about the construction plans in Vollskogen in the negotiations. It was out of the question for Venstre, who believed that we already had a decision and that the matter was "settled". I have heard this statement often, yes, I have even heard of lecturers at NMBU, who say that Vollskogen is "settled".

In 2015, I sat in the Elverum Municipal Council as a fresh municipal council representative. There I saw regulatory plans sail through the municipal council meetings, completely without debate. When I objected, the old trotters said that I was either "too early" or that I was "too late". According to them, there was never a good time to speak out against a nature-consuming plan. I was later to learn that for

them, growth was a built-in premise, and sub-urbanism - a hallowed tradition. It took the form of a great love for cars and singular houses, and more new nature had to be built down to satisfy the hunger.

Out of pure longing for knowledge, I packed my luggage and went to the Agrarian Metropole Ås to arm myself with knowledge in the fight for living nature and a liveable climate (maybe some of you recognize yourself here?) through a master's degree in Urban and Regional Planning. I learned about the brutal consequences suburbanism (urban sprawl) has on climate and nature. But most importantly: I learned that I had been deceived.

An area is usually first allocated for building purposes in the municipal plan. In some cases, a planning program and an area zoning plan are also adopted, then the detailed zoning plan undergoes a first and a second processing (and sometimes this also goes through several rounds!). But a zoning plan cannot be considered adopted before final processing, in other words, the last decisive decision by the municipal council. What the politicians are really saying is "don't disturb us, we've already made up our minds!" It is ominous, because between initial processing and final processing, the politicians receive consultation input. So, what you are then saying is that you are not interested in listening to the citizens.

When I learned this, I got confused. Do growth-oriented politicians say that plans have been "adopted" because they themselves do not know better? Or do they deliberately spread misinformation so that people sit quietly in the boat, discouraging them so that the growth machine can continue undaunted? While we think we cannot do anything, suburbia continues to spread. Any forests in the greater Oslo area that are not mentioned in the Land Act are not safe. Real estate developers and car dealership owners can constantly congratulate each other. Large homes are to be filled with things, and motoring is suffocating small communities and pushing forward so-called "Big Boxes" outside the towns. Not only Vollskogen is at stake: We can give up reaching the goals in the Montreal Agreement, of 30% nature conservation on land and at sea, and the goal of 55% climate reduction we have committed to in the Paris Climate Agreement, when we have a land policy such as this. Nature releases a lot of carbon when it is built down, and it binds a lot of carbon when it is left to stand.

Back to the situation in Ås: Venstre is saying that this has been decided, and for them it is more important to build down a forest than to prevent the FrP from taking power. Couldn't we shrink the development to the western part of the forest? Couldn't we keep more nature and limit the noise nuisance? No, no and no. In this deadlocked situation, Senterpartiet joins the Høyre (H), FrP and the Industrial and Business Party (INP) and signs a contract that secures a Høyre mayor and a SP deputy mayor. The constant mantra in which several people believe the plan has

been adopted before it reaches final consideration can make people believe that the most important environmental issues, namely the development issues, are not something they can do anything about. The best answer for a critical and vigilant student is: "Has the matter been up for final consideration in the municipal council? May I see the protocol?" Many in Ås have probably thought that we in MDG are the crazy ones, who want "rematch" after "rematch". But if we are to solve the nature and climate crisis, this fight must be given higher priority than constant urban sprawl and the consideration of developers' predictability. Vollskogen will be finalized on the 25th of October, so it's still not too late to turn around!

Ås MDG's municipal board grouping now consists of three students or recently graduated students. Over the next four years, we will demonstrate a green school policy, fight for mental health services such as the Health Center for Youth and Students, watch over nature, look after the farmable lands and work to take care of the Oslo Fjord. If the environmental village of Ås can't show the way, who can? I look forward with hope to the possibility of a green central parliament election in two years!

In the meantime: eat your beans and your oats, pick litter every day, ride your bike, enjoy nature and take care of your friends!

Thank you for letting me be your deputy mayor for four years!

*Martin Løken, MDG
Deputy Mayor in Ås (for three more weeks)*



Anna Bjørke
Illustrator



Vegard Sjaastad Hansen
Translator



Two tones with Gangar



They played Ås into submission for the first time during Halvflaskefestivalen last autumn. For the second time during Sprell Festivalen this spring. Now Gangar, a fresh folk-rock band made up of students at NMH, has finally released their first full-length album. Tuntreet can reveal that you have a lot to look forward to.

With "STUBB", Gangar serves an irresistible mixture of both rock music and folk. The ancient, inherited folk music tradition is dressed up in a new costume with rasping guitar effects, whining saxophone and thundering drums. 'Grøleken' kicks off the party, and it quickly becomes clear that this is folk music in a form that most people can handle.

The 11 "slåtter" long record is like a Norwegian folk tale. It takes you over crags, ridges and peaks, but also down into the deepest valleys, along fog-covered marshes, dew-fresh embankments and pine heaths bathed in red evening light.

The alternation between hard, authentic rock and the noblest tones from our most

isolated valleys is a specialty the band has mastered to the tips of their fingers. As your ear hairs are about to be knocked over by the drums, bass and distorted guitar, a gentle fiddle comes and lures them back to their feet - before the drum arsenal goes to work again. The song 'Skrebua' sounds particularly striking as a dynamic masterpiece. It goes hard, but gradually slips into a passage where everything thumps and breaks away - and only Thedens sits back and spellbinds with the Hardanger fiddle. Soon instrument after instrument launches itself, and the listener is taken on a musical hike all the way to the top of Rock(y) Mountain. The song represents an album and a band with an impressive range.

For us dancers, "STUBB" is a proper gift. You feel almost out of place sitting on a stool in your living room. I would like to single out 'Trøarn' as my personal favourite: A progressive "mazurka" over funky drums and bass, where the interplay between fiddle and saxophone is still in focus. Here, all the instruments get their well-deserved time in the spotlight. Another treat, 'Murukleiven', is a song that stands out. It starts with disco drums, before a synth-like harmonica pops in between the beats. After a while, the whole rock arsenal comes in.

Through this whole confection of good sound, there is one thing in particular that shines through the professionalism: Gangar is completely at home, and they revel in playing with each other and the tones. This rubs off on the listener.

"STUBB" is a party from beginning to end. With this record, Gangar has crowned themselves emperors of Norwegian folk rock. Maybe also Norwegian folk music, and Norwegian rock. In any case, the journalist is feeling ma-STUBB-ated and satisfied.

Dice roll: 6

[1] A slått is a piece of music within the folk music genre. Usually played on the fiddle.

[2] Masurka is a traditional dance. The mazurka goes in $\frac{3}{4}$ time signature, a little slower than the waltz.



Åsmund Godal
Journalist



Rebekka Berg
Translator

I want a blue balloon



Crow
Writer



Tuva Hebnes
Photographer



Eva Weston Szemes
Translator

When I got the opportunity to write a column in Tuntreet, I let my ego and the hunt for truth get the upper hand. I went headfirst into an in-depth interview, the cream pie of journalism, and I overate. I therefore wish to take this opportunity to speak directly to you, the reader, so that you can better understand me and the truths I want to discover. You will now get an insight into an incident that has haunted me ever since it happened; 17th of May 2007.

I was a child on the day of the children. There were nation-wide promises of hotdogs and ice cream, but that's not the reason why this day made an impression. This day was remembered for the huge injustice the universe imposed upon me. I had been honoured by a slovenly man in Tordenskjolds gate by Rådhusplassen with the task of managing a big helium balloon. It was equipped with a string and shaped like Lightning McQueen. I was the quickest boy out on the street that national day.

A national day characterised by abrupt and violent downpours; not that I let that affect my mood. I was dressed in an elegant, classical suit from Dressmann. I was the suit's third wearer, and I did not want it to be my fault if I was its last. When the downpour started, there was only one thing to do – a good take-off and a sprint towards the awning outside of the MIX-kiosk on the other side of the street. No problem, I *am* speed.

In my right hand I held Lightning, and in the other one was my father's right hand. I do not wish to get into the implications of my left-handed father holding me with his right hand, or the fact that right-handed me held my new favourite balloon in my right hand, I simply wish to mention it. My father had already stepped into the road when my slippery dress shoes with Velcro slipped down from the curb. It was a high curb, and the landing sent shock waves through my body. The string slipped out of my hands. The balloon flew away.

After a finished bachelor's degree here at NMBU, it is a comfort, although slight, to know that the balloon that flew away probably burst at the horizon of the unknown and fell back down. It probably landed somewhere in the ocean where it could choke a sea turtle, and in that way, it would be a bigger sorrow for someone else than it was for me.

On the ten-year anniversary of 17th of May 2007, during a formal 17th of May-breakfast in 2017, I pulled out a knife and cut the suit trousers into shorts. Whether this sacrifice was worth it or not, I cannot say.

The loss was never lessened. These days, I only wish for a blue balloon. A balloon that can match my emotional life that never fully healed.



Marie Tjelta
Journalist



RAINBOW RAVE!

What is a Pride Week without a proper rave? On Wednesday, students flooded into Samfunnet ready to party. They showed up in their most colorful and extravagant attire, adorned with sequins, glitter, neon, pride flags, and plenty of bling. Pink was the dominant color of the evening. The atmosphere in the Bodega was lively, but it was on the dance floor in Halvors Hybel where the Pride celebration was at its best. With rainbows painted on their faces, students danced together - some on shoulders and others in each other's arms. Popular pop songs by Miley Cyrus and Lady Gaga blasted through the speakers while students sang at the top of their lungs. As students certainly know how to rave.



Ida Haraldstad
Translator







AUGUST
OCTOBER



MAX
ER 13TH



FLAG RAISING AND BOOK TALK



Martin Hansebråten
Journalist



Tuva Hebnes
Photographer



Ida Haraldstad
Translator

On a sunny Tuesday morning, outside the Ås Culture House, with the fountain trickling in the background, Follo Pride was opened. The mayor, Ola Nordal, was present along with a delegation of about 20 enthusiastic souls.

The opening began with a speech from the mayor about Follo Pride and why they have chosen to organize a Pride week in September. The speech emphasized the desire for a joint celebration with the other municipalities in Follo, as well as all the students here in Ås. The mayor pointed out that the student population is not in Ås when the actual Pride event takes place, which he feels is not right in a municipality driven by students. Furthermore, he emphasized diversity as a resource in society and that everyone should be able to participate and have fun.

After the speech, the Pride flag was raised, with music in the background played by two very talented school students. The

mayor mentioned to Tuntreet that Follo Pride is primarily organized by NMBU, Ås municipality, and Studentsamfunnet in Ås, but others who wish to hold events under the Follo Pride umbrella in the future are warmly welcome to do so.

At 12 o'clock, it all began with a book talk featuring the local author Kine Kaborg. She is part of the group known as "Forfatterkollektivet 7," (The author collective 7) a collection of five queer and two straight female authors who together have published the short story collection "Et helt vanlig liv" (A Completely Normal Life). It contains seven stories that revolve around being queer, coming out, and the lack of queer role models.

Kaborg contributed with the short story "Morelltreet" (The bird-cherry tree) which is her literary debut. It is about a queer girl trying to understand her own sexuality. Why on earth does she have feelings for other girls in her class? Fortunately, she lives next door to what will become her mentor, an artist who

sits in the garden outside the apartment building painting a cherry tree. He often provides supportive comments like, "We're both a bit different, but beautiful."

The story is partly based on Kaborg's own youth, living next to an artist who actually painted the same cherry tree every year. Despite the literary tone of their conversations, the short story is still rooted in reality. She tells us that when the artist passed away, half of the cherry tree he painted every year died, and it was cut down shortly after. In addition to reading from the short story, Kaborg performed an original song she had composed long before writing the story. It was about this magnificent cherry tree and the artist who painted it in the summer.

Kaborg and the others in "Forfatterkollektivet 7" tell stories about various aspects of not just being queer, but being different in general. You'll find all of that in this book! Perhaps it's something to add to your reading list?



PANEL DEBATE



Martin Hansebråten
Journalist



Even Amandus Haslund
Photographer



Sofie Palmstrøm
Translator



With a cheerful Blæst'n practice in the neighboring room and pizza in the corner of the room, Line Cecilie Engh and Anna Blix each delivered a lecture that pushed the boundaries of gender in biology and history.

Both Engh and Blix are prominent figures, but in entirely different fields. Engh is a historian of ideas, while Blix is a biologist. However, in the same lecture, with two entirely different starting points, they arrive at many of the same conclusions.

Fluid gender categories in ancient times

The first lecture was given by Engh. She begins by explaining the historical view of gender. The ancient Greeks are the first to come up, and she tells a story Plato wrote, in which the playwright Aristophanes talked about the Androgynes. In ancient times, humans consisted of two people in one—Man-Man, Woman-Woman, and Man-Woman, known as the Androgynes. These individuals were completely round, but they suffered from arrogance and challenged the gods, leading Zeus to sentence them to be

split in two. The two halves forever yearned for each other, and according to the Greeks, this is how homosexuality came about.

Even the Middle Ages, often seen as strictly religious, weren't as straight as one might think. For example, Engh refers to a monk named Bernard de Clairvaux, who had some sort of erotic concept of Jesus, where he was the bride of Jesus. He also described himself as the mother of other monks, which is quite different from what we typically associate with the Middle Ages.

What is natural?

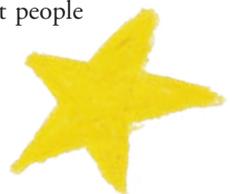
Following Engh's fascinating lecture, Blix gave a lecture on what gender actually is in biology and the misconceptions surrounding it. One area she touched upon was the distinction between male and female. This distinction is not always clear, as about 1-2% of humans do not have chromosomes that match their biological gender. It is also challenging to differentiate sex based on hormones, as this is also highly individual. All of this is natural but does not fit the old-fashioned biological explanation of gender.

When Darwin messed up

According to Blix, even Darwin is not innocent. He simply made a mistake in his theory of sexual selection. Darwin believed, for example, that male peacocks developed their beautiful feathers to attract females, while females simply sat back and chose males. This is not accurate, as females also compete with each other, fighting and mating with multiple males. Darwin's interpretation is very outdated and heavily influenced by the mindset of people in the mid-1800s where upper-class women were expected to have a very passive role.

Questions?

After the presentations, Engh and Blix took questions from the audience. Unlike many previous events, questions poured in from the audience, ranging from the panelists' views on the difference between biological and cultural gender to the cultural understanding of what is natural, and the evolutionary advantages of homosexuality. But the general conclusion that Blix came to was one that most people in the audience agreed with: "Be who you are and love who you love."



Pentagon apple pie

By: Guro Størdal

Translated by: Natalie Nazareno

Fall has finally arrived: The days are wetter and colder, and people are starting to spend more time indoors. It is definitely the season for something that's delicious and easy to enjoy, and Pentagon apple pie is absolutely perfect! The recipe is made by my mum who was a student at Ås in the 90s, so this is a recipe with historical roots in Ås!

Time estimation: 15 minutes preparation and 30 minutes cooking.

Ingredients

- 4-7 apples (amount depends on the size of the apples and the dish you use).
- 1 cup (2.5 dl) sugar
- 1 cup (2.5 dl) flour
- 1 egg
- 1.5 teaspoons baking powder
- 1 teaspoon vanilla sugar
- 5-6 tablespoons melted butter
- Almonds (optional)

Instructions

1. Preheat the oven at 180 degrees for top and bottom-heating.
2. Cut the apples in slices and remove the core. Add them to a pot filled with cold water, and boil. Remove the water.
3. While the apples are cooking, mix the dry ingredients in a bowl, and add the egg. Mix it together into a dry crumbly dough. If you think it is too dry, continue to mix it together until you can make small lumps that do not stick together very well.
4. In a pie dish or baking dish, spread the apples evenly first, then add the crumble dough on top.
5. Melt the butter, and pour it evenly over the crumble dough.
6. You can be creative with additional toppings, and add sea salt, crushed almonds, cinnamon, or other tasty ingredients you can think of.
7. Cook for 30 minutes and enjoy it warm with vanilla ice cream.

They can be apples from Pentagon, optionally Norwegian ones from the store. Hard and not very sweet apples are preferable.

Tip: If you want less sugar, you can use 2 dl sugar, 2 dl flour, and 1 dl oats. It can also easily be made vegan by using a bit of chickpea water or other egg replacers (but be careful with the amount, the dough is meant to be quite dry!), and vegan butter.



Pentagon apple pie

Two Beers with

Martine

Martine invites us in and comments that there have been very few beers in Two Beers lately. She brings out two cold light beers with a striking blue exterior and we sit on a sunny terrace for a chat about life, volunteering, motivation, and commitment.

Celine Våga
Journalist



Ingunn Reimers
Photographer



Rebekka Berg
Translator



“Don't let the fact that you've never done it before, stop you”



Who is Martine Bingen?

Martine is a lively soul from Fredrikstad who has just completed her master's in Environmental Science from NMBU. She may no longer be a student, but she is far from finished with her academic life. She is currently a member of the Student Board (AU), and has been given the responsibility for study quality, learning environment and innovation. Over the next year, she will devote her waking hours to the students of Ås and work to ensure that the students have a better everyday life.

The start of it all

It started with a rather rough Buddy Week. As new students, Martine and her peers were not properly introduced to, in retrospect, the real Ås. She describes it as being difficult to find out what was really the matter with Ås. But she still realized that part of the point was to get involved. So, she joined the Entrance Committee at Samfunnet i Ås, a place she would end up staying for more than three years. She says that sometimes she can find herself running away from the party when she is the Party Manager (FA) to the entrance just to relax. "This is where I thrive ... this is where it all started," she says.

Since the start in the Entrance Committee, things have only continued. Martine has taken on several positions from sponsor responsible to student ambassador for Naturviterne, leader of the association Collegium Alfa, OKD (senior corporate director), Chairman of the General Assembly, part of the Ringfest Committee and member of AU. She has gained an insight into all forms and shapes of student volunteering and commitment in Ås, and says that the experiences from the various positions have had great "interdisciplinary" value.

Experiences from her time in Ås

The advantage of taking on a myriad of responsibilities is that you are left with life experiences that you cannot find anywhere else. One of the things she has learned is that you don't need any experience to take on major positions at Ås. "The only thing you need is courage!" urges Martine. Before, she had the feeling that you should start in the less extensive positions and then work your way up, but has learned that this really does not matter. "Don't let the fact that you've never done it before, stop you,"



she says, and shares that before she was up for election as a member of AU, she had no previous experience with the Student Democracy. Today, she is happy that she dared to do it.

A leader (?)

Martine is somewhat perplexed when I comment that she seems like a natural leader. She does not see herself as a leader at all, but rather as part of the team. If she had the choice, she would always choose to work together with others. She admits that writing her master's degree alone was terrible, but manageable because of the student friends around her.

But it is no secret that she has taken on the leadership role on several occasions. As leader in her different positions, the welfare

of her coworkers has always been important, and she has tried to be a fair leader who respects other people's time. In addition to being good at planning and delegating, she is one of those managers who stands up for her coworkers when needed. She says that she was very aware that she could not encourage others to work if she did not do it herself. "It comes naturally to stand up [for others]," she adds. Sounds like a leader to me.

She clarifies that sometimes being a leader has been incredibly demanding. In particular, she points out that the role as leader of the student association Collegium Alfa was challenging and at times scary. For Martine, the choices made as leader of the association felt more personal because



TWO BEERS

the consequences would affect her friends directly. Being able to separate "work" from leisure time and friends is one of the major challenges for every manager.

Martine's "philosophy"

For Martine, it is precisely this aspect of having a distinction between work and leisure that is the key; whether as a member of AU or as a student. She says that she is strict about taking it easy and relaxing when she's at home, and that a healthy social life with good friends is important for one's wellbeing. For Martine, and probably many others, what happens in the evening should motivate what happens during the day due to school and work. "Take time for yourself and take care of yourself!" she encourages. Martine adds that it also applies to those around you, and that seeing those around you is at least as important.

The core of Martine's "philosophy" has always been that: "What I leave behind should be better than when I started." For her, this has taken shape through commitment and work for those around her. Whether it is work as a volunteer at Samfunnet, as part of association life or as a key player in the political work for students' everyday life, Martine has always moved in the direction of improving and developing Ås for others. She finds pride in being part of something bigger than herself, and not least in the fruits of the work that you create together.

“What I leave behind should be better now than when I started”

It's OK to be unsure!

One of the things she hopes to have managed during her time at Ås is to create greater room for uncertainty. Or, better explained: bigger room to dare to ask if you are unsure about something or simply wonder why it is the way it is. Everyone has started somewhere, and everyone has been new once. She herself constantly tries to set a good example and ask more often. Sometimes all it takes is a good question to bring about a change that should have been made earlier. "We won't get anywhere if we follow the same tracks," she adds, "the familiar is familiar, but uncertainty can be fun."



Moving forward

After spending a large part of her time in work clothes in a dusty Bodega, Martine is at her (perhaps) last part of student life at Ås. For one year, she will work to ensure that the students' everyday life at Ås is at least as good as hers, if not several times better. When I ask her about what lies beyond the horizon that is AU and NMBU, she doesn't have much to say. Nothing, actually. She says that previously she would have been stressed about not having a plan for the future, but that now it is actually "quite nice". Martine is sure that she will find something she enjoys, and ends the interview with the mantra "It always works out in the end!"



Greetings for Martine

GOLDEN Bingen,

Ever since you joined our dear association in 2020, you have really left your mark. You've never been known as someone who says no, and if there aren't at least eight balls in the air at once, you make sure to quickly get another position. You can be sure that things will work out when you're in charge, whether it's yelling at politicians or finishing 3000m beer (in style). Fortunately for us, you also took responsibility for the girls' recovery at Gulltur. An experience we, Krakow and Gregor will not soon forget!

We are SO proud of you and everything you accomplish!

Lots of love from your golden girls in Collegium Alfa<3



Hey dear Bingen!

Having had the pleasure of being led by you, and working with you as the board of Collegium Alfa, is something that all three of us look back on as an incredibly pleasant time! You have a unique quality where you can balance authority and seriousness with a fantastic sense of humour, which made you a safe and comfortable leader both for us and for the rest of the association. The four of us became a good team and even better friends during this period, every occasion with you was a highlight whether it was at a board meeting or at an afterparty. You are a strong, efficient and cool lady who takes challenges head on.

We are impressed by your other involvements in Ås and are very proud to see how well you manage everything.

Many hugs from your x-colleagues Hedda, Gunhild and Ylva, Collegium Alfa board H21



Martine,
BingBing,
Martine B.

It is with joy and love that we write a greeting in your honour. With determination and real backbone, you have taken Ås, and us, by storm. You always impress, both with a drill and five glasses of aquavit in your hand. As a self-proclaimed chief witch, not much gets past you, much to the delight of the rest of us. That it is possible to be equally surprised every time you open the daily snaps from your mother, and see "fiiin puus", is difficult for the rest of us to understand. We are still proud to be able to call you, Hvaler's answer to "kjekk snekker", our friend.

We are very happy for you and delighted that you have not left Ås yet
So far, it's just a rumble
Kisses and hugs, Sigridx5



Dear Martine

Thank you for an incredible number of great memories and experiences during 5 years at NMBU; Sweden trips with Adam, many good hours at Samfunnet, long days in the study rooms, cabin trips and holidays. You are always involved in everything, even board games, and we were always welcome to coffee breaks and festivities in Bunkersen. Committed, determined and inclusive are words we associate with you. The years as a student would not have been the same without you. Good luck with your journey ahead! We are looking forward to many more late nights and good memories!

Regards, the Pentægån gang



THE OPENING OF SÆTRA, WITH A SMALL DOSE OF VOLLEYBALL



Crossing a road, through a thicket of trees, and down the hill you will eventually find yourself at Fougnerbakken 19, an until now anonymous address, where you'll find the new association house of Tradenigheten (Leikarringen Frøy, Flatlusa Spelemannslag, and Budeieforeninga). This homestead has gotten the fitting name of Sætra. With joyous celebration, this new collective will be consecrated.

But before we arrive there, most of the audience participated in the volleyball tournament of the male choir Over Rævne, a hecking fantastic affair where teams of varying effort and quality participated. Tuntreet's own team achieved to get one whole point in their match. The previous champions were defeated in the finale, and the new victors were the team "Ut å Løpe". A prize for best clothing was also given out to "Fiskefaen", dressed in yellow raincoats. The colour would point to them being cool, so no wonder they won.

When one enters Sætra, one enters a home that reminds one of a farmhouse from 1953, which is probably not far from the construction year. Right inside the door you encounter Åsmund G. Tunheim; leader of Tradenigheten, who, with a certain tremor, says "It is a huge honour", meanwhile Benjamin A. Faulkner is in the background laughing. The familiar member of both Flatlusa and Frøy pipes in that "The atmosphere is like pre-Babylonian times". However, he does not try to elucidate whether he means the city, or the famous kebab-shop.

One of the hosts and inhabitants of the new collective,

Dagny L. Værnes, is happy that the collective is finally official, and that the party has started. "I am very glad that it has started. Up until now it has felt like being in limbo. It has been like living on a secret address!" she says to Tuntreet. At six thirty the fun begins, and as an old fiddler and dancer I felt prepared for this glorious event. That was a lie. I have two left feet, and my musical abilities are not what one would call top shelf. But I have a special place in my heart for culture, which is important to bring when reporting from such a cultural bastion.

The leader of the Tradenigheten kicked off the fun, with information about where to pee, who their supporters have been, and the work of Tradenigheten. Then Faulkner himself was called up to speak. He first had to collect his script, which Flatlusa took as an opportunity to play a little tune. When the speaker had returned, he brought a speech for the history books. Faulkner gave a speech that could knock the socks off even the best May Day speeches. He pointed out the importance of cultural associations, and the fact that culture makes us something bigger than ourselves. His message was that things didn't have to be new, but they had to be good! This speech received an

applause that can only be found in the very best of propaganda films.

Next up after Faulkner was a speech by the Director for Cultural Heritage (Riksantikvaren) Hanna K. Geiran, which was also what one might call splendid. Geiran mentioned Ås as a cultural center where both the first draft of the constitution was written, as well as the birthplace of the Jarlsberg cheese. She also said that NMBU has the finest campus in Norway, something that any NMBU regulars know as an objective truth. Tradenigheten had finally gotten its own home.

Dramros, an almost sacrificial cow was then biblically wheeled in in front of the lectern. This cow, most likely a specimen of Charolais cattle, was milked, and the Director for Cultural Heritage threw a bottle of this milk at the wall, like one does when christening a ship. Why they decided to make Dramros into a Charolais, a type of beef cattle, is unknown. Maybe she will get a stroke of paint eventually. All we know is that "Dramros can be filled with joy", as Tunheim explained.

Then there was also a grandiose gifting ceremony, where more than 20 associations and private persons presented housewarming gifts. Everything from paintings and a calf for Dramros, to weights was gifted. They even received a wheel of cheese!

After this interesting display, the gathering through started dancing Polonese (pronounced as Bolognese). Me and the person next to me had never heard of this dance, and could not understand what pasta had to do with dancing. The foreman of Åsblæst'n could then reassure us that it was in fact a





William Fredrik Bakke Dahl
Photographer



Martin Hansebråten
Journalist



Vegard Sjaastad Hansen
Translator

genuine dance, and we would have learned it if we had just attended the Steiner school. I am still left wondering what connects pasta to the Steiner School.

Ceremonies were then completed, and the party started! The cellar Tradenigheten had furnished as an assembly hall was this night used for a rave, meanwhile heaps of people socialised all over the farmyard. The party continued all throughout the evening! How long it lasted, we don't know. The journalist did not have enough endurance for the whole thing.

All in all, it was a great event! A member of the female choir IVAR commented to Tuntreet that "It was very nice! It was very good to have an open party, not just for associations, but one for anyone and everyone." This comment fits well both for Sætra, and Tradenigheten in general. They are neither exclusive, nor difficult to join. Frøy, Flatlusa is a case-study in how to succeed with open associations, and Budeieforeninga is a case-study in how to have a closed association.





Bryggelaugget at NMBU: *A Tale of Resilience and Renaissance*



Tpo
Journalist



Ben Børilden
Photographer

In the realm of campus organizations, we find stories that traverse the spectrum from triumph to decline. Within this vast saga, we discover clubs that once thrived, only to slowly fade away with time. The NMBU Brewing Association, or Bryggelaugget ved NMBU, exemplifies this delicate dance between spotlight and darkness. At one point, this club teetered on the precipice of oblivion, almost snuffed out by a complex combination of factors. Yet, against all odds, this forgotten institution refused to disappear. Instead, it embarked on an extraordinary journey of revival, breathing new life into the world of campus brewing.



A Club dies ...

Approximately a decade ago, the NMBU Brewing Association set forth on its noble mission: to provide thirsty students with the tools and ingredients required for crafting beer, cider, and other light alcoholic beverages. Its creation promised a gateway to exploration for those with a taste for the delicate art of fermentation. However, as time flowed, the club's popularity faded away. Events grew scarce, and memberships dwindled with each passing year. The once-vibrant society of brewers seemed like a shadow of its past.

Then, an unforeseen tempest named COVID-19 descended, delivering a devastating blow that brought the club dangerously close to dissolution. Remarkably, Bryggelauget ved NMBU clung tenaciously to existence, even when faced with the specter of oblivion. In the annals of Samfunnet, its name endured, prominently displayed on the organizational chart of Samfunnet and, more importantly, featured in the booklet distributed to incoming students. This lucky persistence is what allowed its resurgence.

... and 3 years later it resurrected.

The renaissance of Bryggelauget ved NMBU was orchestrated by five dedicated individuals: André Rasen, Bård Pedersen, Elias Henriksen, Marius Ekhaugen, and Mathias Høiaas. As they read the pages of the Samfunnet booklet, a spark of curiosity ignited within them at the mere mention of Bryggelauget ved NMBU. Despite the outward dormancy of the club, they resolved to embark on a quest to breathe life back into it. Armed with passion and thirst, they contacted Samfunnet and gained control over the sleeping association. Finally, they were able to infuse fresh vitality into the club, marking the end of several years of dormancy.

The Mad Brewers Gang

At the heart of Bryggelauget's revival lies an unwavering commitment to the art of brewing. The club provides its members with the essential tools for successful brewing in exchange for a modest semi-annual fee of 100 nok. Within the club's ranks, an impressive diversity of brewing projects unfolds, ranging from classical lagers and stouts to audacious IPAs and refreshing whites. What sets these aspiring brewers apart is their boundless creativity. Club members delve into experimentation with a large variety of ingredients, from local berries to exotic fruits and an array of spices, resulting in the creation of distinctive and innovative brews. Moreover, a subset of members have also dared to explore the idea of cider production and the crafting of low-alcohol beverages based on a medley of unexpected fruits, pushing the boundaries of traditional brewing.

Integration in Campus Life

While legal constraints may prevent Bryggelauget from directly selling alcohol, this hasn't stopped the club from coming up with new ideas to make campus life better. The club has designed ingenious strategies for collaboration with other campus fraternities and associations by offering their expertise in brewing, along with the use of their equipment. In return, the club received compensation for sharing their brewing knowledge. This symbiotic relationship has blossomed, with prominent campus associations such as PB and Budeieforeninga eagerly embracing the opportunity. The results have exceeded all expectations, fostering a deep sense of community and partnership on campus.

The saga of Bryggelauget ved NMBU, a club teetering on the brink of obscurity, now finds its culmination in a remarkable renaissance; a reawakening that will leave a mark on our campus. It reflects on the enduring legacy of this resilient club.

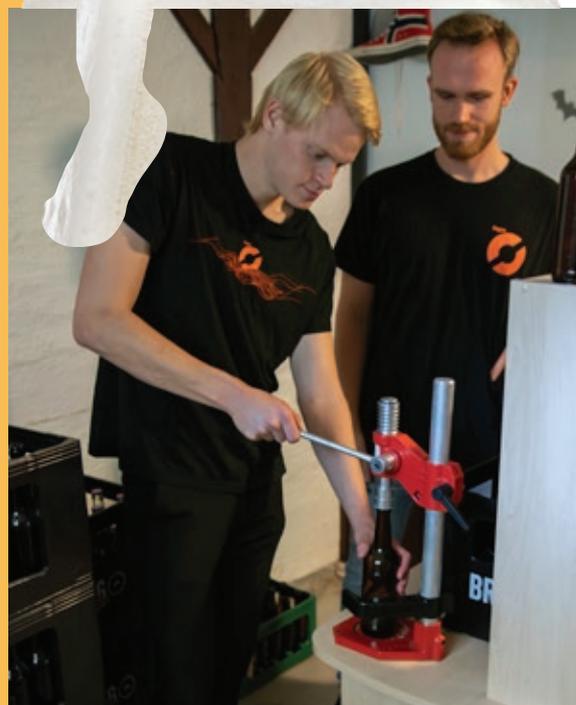
Bryggelauget ved NMBU's revival serves as a testament to the tenacity of student organizations. It reminds us that even in the face of adversity, passion and unwavering determination can reignite forgotten bounds, infusing them with renewed vitality, purpose, and malt.

The club's commitment to brewing, creativity, and collaboration has not only enriched the lives of its members, but will also become a source of inspiration for others within the Campus community who maybe one day will resurrect another one of NMBU's semi-forgotten association.

In the ever-evolving landscape of campus organizations, Bryggelauget at NMBU shows that it is never too late to breathe new life into forgotten societies.

As Bryggelauget continues to thrive and expand, serving as a beckon to all those who share a curiosity for the art of brewing to join its ranks: Brewers of the world, unite!





Møsse

“**Mössa**” is a Swedish word that means “the hat”, but it has also found its way into Norwegian language usage, especially in Trøndelag and North Norway. While some use “møsse” as a common word for a hat, it has also taken on another meaning.

But how did this mysterious term come about, and why has it become so popular among young people? The answer can be traced back to a Norwegian TV series called “Førstegangstjenesten” on NRK TV, where the character Ahre-Ketil talked about his upbringing and childhood memories.

In a special episode, Ahre-Ketil shared a memorable story about how his father got him to apply sunscreen and play “Who’s møssa is this”. This became an instant hit among viewers, and “møssa” quickly became a conversation starter in youth circles across the country.



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As a Noun [\[edit\]](#)

“Møsse” is an affectionate nickname given to good friends and carries no sexual or condescending connotation. It’s a loving way to describe those people who bring joy and fun into your life. It’s not uncommon to hear this word shouted with joy across [Samfunnet in Ås](#) when you see a dear friend.

As a Verb [\[edit\]](#)

The noun “møsse” can also be used as a verb, for example, “to get ones møsse on.” It means to have a good time or to enjoy oneself in Norwegian! It’s a nice way to say that you’re doing well and enjoying the moment, whether you’re out and about or munching on chips.

Erotic undertones [\[edit\]](#)

However, it was a group of students at NMBU, probably some from Broderskapet Unity, who took “møssa” to a whole new level. The term was introduced as slang for “beaver”. This led to many internal jokes and references, and soon the word spread beyond the association.

A well-known quote comes from a suitable European destination for a boys trip. When local ladies try to grasp the daring phrase, there’s only one suitable response to give them: “It’s a classic Norwegian word.”

Artificial Intelligence (AI) has also mentioned the term. According to Snapchat’s My AI, so-called “møssejakt” (hat hunting) is an exciting, fun, and social hobby. It’s an important part of Norwegian culture and tradition, and it’s great to see that young people are still engaged in this activity. When hunting for “møsse,” you use equipment like flirting, drinks, and dancing.

Today, “møsse” is an integral part of slang at NMBU, and there have even been a number of memes and jokes on social media about this legendary term. So the next time you hear someone talk about hats in an unusual way, you’ll know it might be because of “mössa,” the Swedish word that has become much more than just a hat.

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TT tests the playground!



Marie Tjelta
Journalist



Natalie Nazareno
Translator



Thale Jensen Hevrøy
Photographer

Do you remember the times when you dangled in the monkey bars, swung as high as you could with the intention of flying all the way around, slid down the slide and got burns on your bum from the warm tin metal, and dug in the sandbox hoping to get to China? These are the memories from our childhood which we wish to revive in this edition of “TT tests”. Åsgård Primary School was recently renovated, including the building of different playgrounds on the school grounds. I, Tuntreet’s own inspector, will test these out. I will test the playgrounds based on a number of criteria: are they of good quality, creative design, safety, and last but not least, are they exceptionally fun? Joined by a playful Tuntreet bunch, we went down to Åsgård school, ready to rediscover our inner child.

Ball pit:

All good playgrounds need a good ball pit where kids can challenge themselves physically in different ball games and sports. This court is equipped with both goals and basketball hoops. However, to this inspector’s despair, the ground is not made of rubber granulates, but tarmac! I can already picture all the bloody noses and kids’ teeth being spilled across the pit in the future. All in all, it is a nice ball pit made of wood, which the Tuntreet kids enjoyed playing in.

Quality: 7/10
Creativity: 5/10
Safety: -3/10
Fun: 8/10



Zipline:

One of the devices which may have gotten most attention from bypassing students is the zipline. A combination of a swing and a wire where one throws oneself from one pole to another. I have to admit, this was fun. The zipline went pretty fast and the swing did in fact carry me across and almost all the way back again. It is important to hold on as not to fall off, and, luckily, this inspector has forearms made of steel. This is a creative installation which offers something different than the usually classical playground. I can imagine the kids lining up to try this during recess.

Quality: 10/10
Creativity: 10/10
Safety: 4.997/10
Fun: 11/10

We gather on the playground, the rain starts leaking from the sky, and we feel that this is going to be a great day for testing, playing and fun.

Ås municipality’s deputy mayor Martin Løken arrives to officially open the new playground. Løken respectfully cuts the red ribbon and the Tuntreet staff run to the playground.



Snake swing:

From one swing to another, we have the snake swing, as I like to call it. A snake made of rope which is installed as a long swing. This offers an ocean of creativity, either as a swinging obstacle course or a huge swing that several kids can join. However, the swinging ability could have been a tad better. Terrified, I noticed that the substrate on this playground was made of pebble and not sand. This is both painful to fall on and boring to play with, none of us in Tuntreet managed to make a castle out of it.

Quality: 8/10
 Creativity: 7/10
 Safety: 4/10
 Fun: 5/10



Quality: 8/10
 Creativity: 0/10
 Safety: -100/10
 Fun: 1 (broken bones)/10

Both the inspector and the Tuntreet kids were exhausted after a long day of hard and merciless playground testing in the rain. There is no doubt that the quality of life (age expectancy?) of Ås inhabitants has increased by the presence of this revolutionary playground. Some of the installations were significantly better than others, however, all in all, the playground at Åsgård Primary School receives top scores by Tuntreet.



(inter)Net:

There was a lot of nets and webs on this playground. Nets to lay down in, nets to stand on, nets to crawl under. Web swings, net triangles, web nets and netting hammocks. All over, an inter-net throughout the whole playground, which manages to snake its way into the kids' school day, even during recess. Was this what the state wanted when they expanded the 5G net? Will all this convenient access to napping spots made of nets make the kids antisocial and lazy? I, at least, thought it was wonderful with a break in between all the testing ... zZzZzZ



Quality: 10/10
 Creativity: 4/10
 Safety: 10/10
 Fun: 3/10



Climbing wall:

Next up, we have a rather interactive installation: a climbing wall. Four meters high, steep, and deadly. Small fingers becoming red and white from clinging on to dear life on wet, slippery rocks. Certain death is waiting underneath for those who lose their grip. If you actually do reach the top, you will feel the joy of mastery until you realize you have to climb back down. This is absolutely a great way for the kids to be physically active, but at what cost?



Free food for all

Tord Kristian F. Andersen
Potato



Tuva Hebnes
Photographer



Natalie Nazareno
Translator

The concept “poor student” is something most people know about. Yes, they have even written a book about it. Rather than waiting for the government to increase and push the student funding above the poverty line, a man has taken the matter into his own hands. So, who is the man Anders Gustavsen? Why did he create ‘Gratis Mat NMBU’ (Free Food NMBU)?

Early years

I meet Anders in the cafeteria at Sørhellinga. It has not been easy getting a hold of this man, despite being so well-known among the students. He admits a certain fuss from the celebrity status. “It is nice, but I am actually a really private person”, he tells, a bit overwhelmed.

Anders Gustavsen came into the world 26th April 1962. After growing up at Tiller, close to Trondheim, Anders moved to the town centre in Ås in 1967, or in his own words: Tuscany of the North. “It

was a completely different place during this time, far cosier, not all these brick buildings they are planning to build more of in the future”, he adds with an enthusiastic spark in his voice.

The study period

Anders later moved back to Trondheim to study but admits that it was hard. “I did not have a lot of money, and at one point



I lived off food from different introductory events.” At one point Anders says that he was hospitalized due to malnourishment. “There were far less of those events than what we have today.”

Nevertheless, there were not only bad times. Anders has always been fond of hiking and was long engaged in orientation. “I was so good that I refused to run like everyone else.” Anders goes as far as saying that he’s never ran ever. To go on hikes is something he still enjoys today, and he meets many students who recognise him on his weekly Sunday hike to Vardåsen.

The trials of life

After his studies in Trondheim, he worked at a high school in Fredrikstad, where he also started a family. In 2020, however, the marriage fell apart, and after a serious course of illness he was diagnosed with long-term covid. Today, Anders has a lung capacity of only 50%. His son studies at NMBU and his mum still lives in Ås, so it was a natural decision for Anders to seek new beginnings.

“You can say I moved back home to mum.” Anders has been receiving disability benefits since 2021 due to the aftereffects of covid, in addition to what he describes as advanced radiation allergies. “I refuse to own any of those smartphones, and I only use Facebook at the library.”

An idea forms

In the beginning of this period, Anders had little to do. This would, however, change one day. “I remember the moment well – My son complained about missing out on free pizza!” A lightbulb went off in my head, and ‘Gratis Mat NMBU’ was made. “The group was mostly just for us two in the beginning, but it was him who convinced me to open it for everyone. And people joined without hesitating. It is obvious that more people who enjoy receiving free food.”

The immediate interest caught Anders off guard, but he thought it was especially nice that so many shares his enthusiasm for free food. He also noticed that other groups like ‘Foodsharing NMBU’ contributed

immensely. “I only look at different events on Facebook, they, however, go out into the world and actually make a difference!”

The new everyday life

He recently met the woman of his dreams for the second time in a Facebook-group about electro-sensitivity, and in 2022 they had a daughter. “My oldest daughter got married two years ago. She gave birth almost at the same time as my partner, so I drove back and forth between the rooms at the maternity ward on a scooter!”

The sudden toddlerhood has, for the time being, not halted his responsibility over ‘Gratis Mat NMBU’. Nevertheless, Anders wishes that others took more responsibility to post about their own events in the group. Especially after his son was done studying in 2022. Anders thinks it is unfortunate that he, as an older non-student, must take so much responsibility for the group. “I am looking forward to retire, I have to admit.”

Nevertheless, it is important to highlight how much joy the group brings him. “Sometimes I bring leftover food home to my partner, there is so much one can do with food besides from eating it”, Anders says with a smile on his face. Anders is mainly proud of the difference he has made. “You never know where life takes you, and it is never too late to make a change, even when you are 20, 33 or 57, or whatever it may be.”



Fact box:

- 61 years old.
- Does not like 'russemusikk'.
- Favorite food is cauliflower- or broccoli florets, preferably with ranch or blue cheese sauce as dip.
- Is a freemason.
- Has one of Norway's largest private puzzle collections.
- Has two cats.
- Anders Gustavson is not a real man.

OFFICE WING

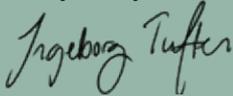
Hey ho let's go!

Since recently, UKA i Ås has had an intense recruitment period, and this has resulted in many good applicants, and soon the organization will be even bigger! But don't despair, it is still possible to get involved with UKA in Ås 2024! In a little while, even more positions will be advertised, including the golden chance to join the one and only UKE revue! The UKE revue is the very core of the festival and if you have a little budding actor in you, this is an unparalleled adventure. For the festival to go ahead, we need you as a volunteer! Join the fun too, apply for UKA i Ås 2024!

Soon it will be time for the Autumn Career Day, and we in the Business Committee at NMBU (NU) are really excited! This is NMBU's largest career fair. It is a good opportunity to get an insight into what life after studying has to offer. We encourage all years and fields of study to participate. If you're wondering what subjects you should take, what you should write a term paper about or what job opportunities you have, you should visit! Maybe you will meet your future employer?

Since last time, Samfunnet has organized several exciting events! Among other things, we held a sold-out Exam Party, where the celebration was big, as we were finally able to put the August block behind us. The Semester Kickoff was carried out with bonfires and flames, where Halva Priset created a good atmosphere for the audience. We have also contributed to this year's Pride celebration in Ås municipality, where we organized Learn to Vogue on a Tuesday refill, and carried out a Pride quiz with the opportunity to learn even more about the topic. We held Rainbow Rave, with a full rave and disco atmosphere in Halvors, and Pride Party with real Dragqueens in Festsalen! Last but not least, Studentsamfunnet in Ås had its 159th birthday (!!) on the 6th of September, which was celebrated with a cake for everyone who came into the office. We are looking forward to the rest of the semester!

Ingeborg Tuften
Head of UKA for UKA i Ås 2024



Birte Una Liset
Head of the Business Committee at NMBU



Maja Raz Karterud
Leader of Samfunnet i Ås



STUDENT-THINGS

Summer is over, Student Parliament 4 has been completed, and the Student Board knows that we're starting to warm up to the positions we have been chosen for. The last two months are probably among the busiest we have experienced, but we are in good spirits, and we look forward to fighting the students' battle every day. Luckily, we don't have to do it alone.

This text is being written in Bergen during the Norwegian Student Organisation's leadership meeting, where student leaders from the country's higher educational institutions meet for training and exchange of experience. If we were to bring with us only one thing from these meetings with the other student democracies, it's the gratitude everyone has for all the wonderful students that spend their spare time volunteering.

Being a student in Norway today means being overworked and underfunded, which makes it a wonder that there are people out there who have the extra time to spend on Student Democracy, the student environment, and everything else that creates a buzz and change at NMBU. It's not a given thing that people choose to be in positions as class representative, leader of the Student Council or a Student Parliament representative, nor is it a given that people show up to volunteer at Samfunnet or join a committee. Time is in fact limited.

Nevertheless, hordes of students show up to do work that does not result in more money in their wallets or grades on the diploma. That is truly awesome!

The Student Board would not work if there were not hundreds of volunteers in the Student Parliament to lighten the load for us, and Samfunnet wouldn't be open if the volunteers stopped showing up.

Thank you very much to everyone that spends some of their time on the community. You deserve so much more than you get!



Wilhelm Olav Anthun, Martine Bingen and Camila Noel Moreno

The Student Board 23/24



SEXOLOG

Good enough!

A safe sexual relationship allows for flexibility and can withstand life's ups and downs. What characterizes a safe sex life is that you and your partner have a wide repertoire of erotic contact where you take care of the joy of closeness, even if you do not have intercourse. Those who struggle sexually over time tend to stop other physical contact. Then negative feelings and interpretations quickly emerge. It hurts to be rejected when you seek closeness, but it also hurts to be the one who rejects to avoid ending up in an unwanted situation.

People who experience "good enough sex" are able to maintain emotional and physical closeness through the ups and downs of everyday life. Their main elements are play, pleasure and desire. By developing different ways of showing closeness, you give and receive confirmation even if you don't have intercourse.

The metaphor of 5 gears can be helpful when developing your repertoire. 1st gear is friendly meetings with a partner, 2nd gear is closer body contact with clothes on e.g. sit close together to watch a movie. In 3rd gear you dance, cuddle - with clothes on. In 4th gear, erogenous zones are stimulated without clothes and 5th gear is sexual intercourse.

By exploring the gears, you will find activities that are adapted to the daily schedule. By looking at sex as an either/or activity, sexuality becomes less playful and pleasurable.

I encourage you to explore the first 4 gears and wait for 5th gear until you are ready for it. Be curious about your gear - and make room for play, joy, and enjoyment this autumn.

Maria Bendheim
Sexolog




PRIESTLY THOUGHTS

IS YOUR HEAD UP YOUR OWN ASS?

*So, I forgot for a moment
(or quite a while actually)
about the world outside
(because I got a bit caught up
having my head up my own ass)
Trygve Skaug*

Life has different phases, and we all have moments in life when we get a bit caught up in having our heads up our own asses. And, you know, sometimes it's perfectly fine. As long as you remember to pull it out and lift your gaze – because we need that too!

When I was a student, I experienced these fluctuations precisely. Sometimes I became so focused on myself and my own affairs, on reading, working, and being concentrated. And other times, I lifted my gaze a bit more. Finding that balance isn't always easy, in my opinion. I could feel guilty and stressed if I took too many breaks, but I could also feel guilty if I said no to things to read and seemingly only cared about myself.

For me, it helped to give myself permission to be a bit preoccupied with myself and my own affairs at times – to allow myself to have my head up my own ass. I don't know if it helps you to hear that. Perhaps you need to hear the opposite; that it's okay to take breaks and do other things. It's also nice to look beyond oneself and one's own tasks and needs.

We must acknowledge that life has different phases. Sometimes we don't have the horizon in sight but are focused on ourselves. Sometimes we need that. The most important thing is that we don't stay there but lift our gaze and look beyond ourselves over time. Because, as Per Fugelli said, we are "created together" - we need to look beyond ourselves. And we are at our best, both as individuals and as a society, when we care for each other. And for that, we need a perspective beyond our own ass. There is a world out there, and it needs you.

And with this, I thank you for having me as the student priest for this time. My colleague, Jane Christin, will be the substitute until a permanent person is in place. Google "student priest at NMBU," and you will find her contact information.

Ingrid, outgoing student priest at NMBU

Sofie Palmstrøm
Translator



Were you present during the opening of Sætra? Were you present enough to register which presents came from which association? Test your memory! Present! Present! Present!



- A  B 
- L  C 
- K  D 
- J  E 
- I  F 
- H  G 

1

12

11

10

2

3

4

B

C

D

E

F

G

5

6

8

7

Club Banter



Cheers FFD!
 Cheers Skriver!
 Cheers Sparegris!
 Cheers Hunkatter!
 Cheers Qsturelle and Xklusive!
 Cheers Pusekatter!
 Cheers Tora and Thorvald!

Ingredients for a Qsturell Fall Apple Cake:
 At least 1.960 bright red Apples,
 196.0g-19.60g-19.60g Butter, 196.0g Sugar,
 196.0g + 19.60x5g Flour, 19.60/5 Eggs, a
 reasonable amount of Vanilla Sugar, Baking
 Powder and Cinnamon. And at Last, yet not
 least, 1960 Pinches of Brilliance and Joy!

Cheers for the best Apple Cake of the Fall!

Instructions:
 Cut the bright red Apples, and remove the Core
 (or don't, for some extra nice crunch). Whip
 Butter and Sugar, add one and one Egg and
 Whisk it together. Mix in the dry ingredients,
 pour into a Baking Tin and put the Apple
 Slices into the Batter. Bake the Cake at 196.0
 Degrees for 19.6x2 Minutes.

Cheers for a tasty Cake!
 Serving tip: Best enjoyed with some ice-cold
 Source Brew!

Qsturell Regard,
 Jurist Ingeborg, Læge Ingeborg and Pusekatt
 Marie



Hei! Hallo! We are still here!
 Have you still NOT heard about IAESTE?
 Do you still not know what IAESTE
 stands for?
 Are you still now aware of your internship
 opportunities abroad?
 OR that we find summer jobs so that
 YOU can get a job in the rest of the world?
 Then I suggest that you stop the mulling
 and slide into our DMs so we can answer
 all of your questions. AND help you
 further on your journey into your career
 abroad!

PS.
 You'll find us suddenly, at a stand in a
 building near you;



Hi Torvald, Tora and Johannes

The semester is well underway and we in
 the Swing Club have had many new faces
 stop by for weekend courses, dance parties
 and our weekly courses. Maybe you've
 even seen a flash of shock pink on campus?

Do you feel it rocking in your dancing
 foot? Do you want to learn how to swing
 at a party, or maybe you are looking for a
 nice bunch of people? Do not despair! It's
 never too late to stop by the Swing Club.
 The spinning tops welcome everyone all
 year round, regardless of your level. It's
 never wrong to swing by our community
 workouts on Mondays and Thursdays.

Hope you swing by!

SOLUTIONS TT06

		x				x	
x					x		
			x				x
	x				x		
			x				x
x				x			
		x	x			x	x
x							x
			x	x			

			1	3	1	3	3	1	3
4	1								
2	4								
4	1								

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	1					
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	3					
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						1	1	1
						1	1	1
						1	1	1
						10	1	1
								8

		2	2	5	3		1	
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1								
3								
3	1							
3								
3	3							
2	5							
2	2							
2								



The initiation of Sætra was a national celebration

The National Antiquarian was an impressive guest

Thanks to Rævne for a good competition
Volleyball and beer give balance

The info-preparty was top

And we've taken in a funny troop

Our new Frøkner are a bunch of great girls
Hopefully, some will become writers

The election came and went

None of us has a talent in politics

But we vote, nonetheless

Even a mackerel can do that

Friday the 13th, we'll be on the stage

After taking pictures on the lawn

F&F for livet is the name of the revue

With a sensational dance on the menu

After the revue we'll become tipsy

Come for an afterparty in the F&F-house!

Forfatterfrøken



Summer has come to an end,
But Collegium Alfa still has plenty of
goodness in store.

August block is over, and the semester is in
full swing

But do not despair,

At Samfunnet, we'll get everyone up and
going

You will see us in black and gold
We'll have plenty of fun, and also some
shenanigans

The ladies are ready for a new semester.
Filled with studies, business and some parties
We're excited to see what the fall has in store
for us,

And will finish with this word of wisdom;
If you're tired, or life seems grim, fill your
glass with tequila to the brim;)



Eat local food!

Ås is a town in Norway where people come and go, which gives us the opportunity to take part in something big, by eating locally-sourced food. By choosing to eat something that is from Ås, we are supporting both the environment and the local community.

Regarding the environment, it would make local transport reduce their emission of greenhouse gases, and give us the possibility to take care of valuable resources. Ås has favorable conditions for grazing animals, which means that we can support sustainability.

Eating local food gives us the opportunity to strengthen our society. It gives support and enjoyment for the locals, who in their turn strengthen the bonds of the neighborhood.

So, by eating locally-sourced food, you can enjoy it with good conscience, while also contributing to a strengthened community. It is a simple act with a great impact, where everyone is made happier. Sometimes eating local food is enough to make the world a slightly better place.
Best regards from,

Med vennlig hilsen

Johanna Hellem-Hansen
Nest-sjefskoneemne
On behalf of
Koneklubben Freidig



On the rough sea, an epic battle was being fought between two feared groups. One was Piratforeningen, led by the notorious Capt'n, a pirate with a poor beard growth, almost as frightening as his reputation. On the other side sailed Lærken, under the command of brave captain Malbuero, who dreamt of a world where the seas were free from the tyranny of the smoking law.

The cannon balls flew, and shots were fired. Although Piratforeningen was strong in numbers, Lærken showed impressive resistance. In the heat of the battle, Capt'n realized that Lærken was not fighting for treasures, but for the freedom to sail the unexplored seas.

After hours of an intense battle and many shots, Capt'n decided to meet with captain Malbuero. Their meeting resulted in an unexpected deal to share the harbors, to join forces against common threats and to protect the freedom of the pirates. And just like that, the battle between Capt'n and Lærken ended, with an understanding that sometime freedom is stronger than any conflict, and that pirates can find a common passion, even in the eye of the storm.

Have you heard...

Uka corruption

It looks like the board of UKA only hire people they know

PB revue said it first

Community service = community punishment

Bertrand bruse

One of the guys in the Keykeeper case looks a little photoshopped?

Singstar

Would have thought it was Demenskoret who was at the stentor bodega yesterday, not a single sould had bothered to cram the stentor...

Sad songs

TBH, who bothers to cram the stentor? The stentor is a collection of outdated songs no one knows the melody of.

Apparently a silly billy

Bro will be fighting in sten210 if he wont cram some easy songs from the modern stentor

Best man and dress shopping complicit

We find ourselves in a wedding between two love birds from nmbu. We wish the twosome everything well with courses in the immediate future!!!

4 bayers 1 pilsner

Holy fuck i'm in Trondheim now. They break the fucking record again, here i get fucking 4 bayers for the price of one hansa pilsner that tastes like piss. Samfunnet has to step upp

Be a committee, the pilsner will cost peanuts

You get a bayer for 17/18kr? Doubt it

4 kids one pilsner

doubt that daddy reitan is sponsoring samf in Trondheim enough for you to get a bayer for 17 kr. think your best solution is to support samf here and join a committee<3

4 samurai one goal

The record for lying about pilsner prices is fucking taken here. Go back to Trondheim before we send Ås Dark Samurai guild after you.

4 dishcloths and a pollock

No, maybe i was a bit harsh here but the bayer in Trondheim was just as fucking cheap as smoked cranberry pollock, last Sunday in Advent in the seamen's church in NYC. So shut up before i smack you with a sour dishcloth and love.

Plz read, you silly billy

Cough Maybe you should read the case about beer prices in TT06? then you will see why things are as they are before you're jabbering around online, complaining. PS: The beer is cheaper if you bother to get involved. Fair trade.

Apparently a silly billy

Gadsbodikins, now you're all out on a sea of mackerel heads. It must be possible to express opinions about hansa tasting like piss and beer being too expensive. Without the so-called involved people personally attacking me #notcool #mackerellhead #beerprices

Roses are red
Violets are blue

Can you write a better poem than the editor?
Send your poem to T.T., boo<3

Send your poem to:
tuntreet@samfunnetiaas.no

